



STAY CONNECTED ART TO HEART

ArtCore

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Top 5 Tips! Growing in Creativity

“Curiosity about life in all of its aspects, I think, is still the secret of great creative people.” - Leo Burnett

We need to continue to explore and create as artists. If we stand still, we go backwards. We also feel as if something has been suppressed in us which can lead to frustration and depression. This time in isolation has been a great challenge but we want to encourage you to keep moving forwards. Keep picking up that paintbrush, pen, wooden spoon, blowtorch or sewing machine! Keep going and the rewards will be bountiful and many. Not just for your own mental health but for those around you who will be inspired by what you do.

1. Channel Your Inner Child

Be playful and experiment with different mediums. Make a mess! The best ideas come out of experiments. If you usually work on small intricate things, why not go big and work on something the size of the wall. If you always write short stories, why not try a poem for a change. Mix it up and take a break from your usual style, it will help the creativity to flow and you may discover a new direction you may want to take your work.

2. Travel to Other Places

Artists have always drawn inspiration from travel. From the Parisian artist collectives to the grand tours to Venice, much of our architecture and paintings from the last 1000 years has been inspired by British artist's trips abroad! We now have the world at our finger tips now, so you can armchair travel to India and the Antarctic in the touch of a button. Why not choose a country to discover and see how the design and style can influence the art you create.





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3. Connect with Creative People

You will have heard it said that you become like the people who you spend time with. If those are people who work in the same place and have the same interests, you will inevitably become similar. But creativity sparks creativity. Want to grow in creativity? Then hang out with people who work in different places, on different projects in different mediums. Artcore is a fantastic place to connect with creatives across Derby and beyond. There are lots of events online to join, and when we are back running classes you'll be able to connect again with local artists in person. Wonderful collaborations happen ALL the time here and there are many opportunities to get involved.

4. Schedule in Time Everyday

We have to practice being creative and setting apart time to get into the flow. Make a dedicated space where you are free from distraction to focus on your art form. Frank Sinatra practiced his craft every day! He didn't just become a famous singer overnight but bit by bit he honed his skill. What is your skill? Get a notebook and jot down a plan. What you want to achieve and what time you will carve out in your day to make that dream a reality?

5. Take a Creative Course

Doing a course in something you love can really boost your confidence and inspire you on your creative journey. For example, when I began lino printing, I saw a day course being delivered by James Green (a well-known Sheffield print artist). Doing this one-day course and learning from someone I admired had a big influence on the work I do now, and I now incorporate printing into the many techniques' I use to create a piece. If a course seems out of your price range, you can always ask friends and family to gift it to you for your birthday instead of socks and chocs! You could even do a skills swap trade off with a tutor and strike a deal to share your specialist art skill with them in return for their time and expertise.

